

NURSE'S CORNER

Cheryl Boscia BSN, RN
St. Rocco School Nurse
September Nurse's Corner



Contact the Nurse

Office Hours: Monday-Friday
7:30 a.m. to 2:30 p.m.

Email:
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School Number: 401-944-2993
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Dear St. Rocco School Community,

I hope you all had an amazing summer.

The health and safety of our students and school community is our top priority here at St. Rocco School. The SRS faculty and staff work hard to ensure our students and families are kept healthy and safe and we appreciate all your support of our school practices and protocols. Please take some time to familiarize yourself with our Health Policies which can be found in the SRS Parent/Student Handbook. If you have any questions or concerns, please contact me. All of us working together can keep the St. Rocco School Community healthy and safe.

I wish you all an amazing school year! If you have any questions or concerns please don't hesitate to contact me.

Kindest regards,
Nurse Cheryl



St. Rocco School is committed to the health, safety, and well-being of our school community. All of us working together with God's help and guidance will keep us going strong.

SAVE THE DATE

ST. ROCCO'S FLU VACCINE CLINIC



The St. Rocco School Flu Vaccine Clinic is taking place on **Wednesday, October 16th** starting at 9:00 a.m. The Flu Vaccine Clinic is for all faculty, staff, and students. Information on how to register is coming soon. The flu mist will be available. If you prefer your child to receive the flu mist, please email me.



FRIENDLY REMINDERS....

IF YOUR CHILD IS NOT FEELING WELL, please keep them at home and call the **SCHOOL OFFICE FIRST** to report them absent. You may send an email to your child's teacher and to the nurse, but initially the phone call/email must be to the School Office. If you are unsure if you should send your child to school, call the office to speak to the nurse.

SCHOOL PHYSICALS/IMMUNIZATIONS:

- A complete Physical Examination by a Physician or Health Care Provider is **required** for the following students: **new students, Preschool, Kindergarten, Grade 4, and Grade 7.**
- Immunization **requirements** for specific grades are below.
- Please forward all Physical Examination and Immunization records to the nurse. Copies can be brought to the school, sent to school in a sealed envelope with your child, emailed to the nurse, or faxed.

Immunization Requirements for students entering Preschool

- 4 doses of DTaP (diphtheria, tetanus, pertussis) vaccine
- 1 dose of Flu vaccine each year
- 2 doses of Hepatitis A vaccine
- 3 doses of Hepatitis B vaccine
- 3 doses of Hib (Haemophilus influenzae type b) vaccine
- 1 dose of MMR (measles, mumps, rubella) vaccine
- 4 doses of Pneumococcal Conjugate vaccine (not routinely given to healthy children 5 years of age and older)
- 3 doses of Polio vaccine
- 2 doses of Rotavirus vaccine
- 1 dose of Varicella (chickenpox) vaccine

Immunization Requirements for students entering Kindergarten

A student entering kindergarten must have met the pre-kindergarten immunization requirements, plus:

- 1 dose of DTaP (diphtheria, tetanus, pertussis) vaccine
- 1 dose of MMR (measles, mumps, rubella) vaccine
- 1 dose of Polio vaccine
- 1 dose of Varicella (chickenpox) vaccine

Immunization Requirements for students entering 7th grade

A student entering 7th grade must have met the pre-kindergarten and kindergarten immunization requirements, plus:

- 1 dose of HPV (human papillomavirus) vaccine
- 1 dose of Meningococcal Conjugate (MCV4) vaccine
- 1 dose of Tdap (tetanus, diphtheria, pertussis) vaccine

Immunization Requirements for students entering 8th grade

A student entering 8th grade must have met the 7th grade immunization requirements, plus:

- 2 doses of HPV (human papillomavirus) vaccine

WE NEED TO KNOW- It is important to notify the School Nurse when:

- **Newly diagnosed medical conditions or if there has been a change in your child's medical condition and/or medications**
- **Newly diagnosed allergies**
- **Surgeries**

- Injuries- documentation is needed from a physician stating exclusion or limitations from gym, recess, or other activities. If your child needs crutches, splints, or slings the doctor's note must include this in the note along with the length of time they may need them. Once an injury has been treated a note from the physician stating when the child can return to normal activity is required.
- **If your child is absent for 3 or more days due to illness, they must have a physician's note when they return to school.**



St. Rocco's is a peanut and tree nut (including Nutella) free school. Please read food labels closely before you send any food/snacks to school with your child to ensure they are nut-free. Visit snacksafely.com for a list of peanut and tree nut-free snacks.

- ❖ Just a friendly reminder to please pack healthy choices for snacks/lunch for your child.
- ❖ We are a soda, gum, and candy free school.

MEDICATIONS: **If you have not already done so, please send in medications and Medication Consent Forms from your child's physician for any required medications.**

If your child has an allergy or medical condition that requires medication, please send in medications. It is very important to have all medications on hand that your child needs while at school, especially medications such as EpiPens and inhalers which are needed in the event of an emergency. Please send in the prescription in its original packaging along with the physician's order. **Existing orders must be renewed every school year.** If your child no longer requires medication or a health issue has been resolved please contact me to update your child's medical information record as well as providing documentation from their healthcare provider. If your child has a new medical diagnosis, please let us know.

If your child requires any medications at school the following procedures must be followed:

- The parent/guardian presents a written order from the child's physician.
- An adult brings the medication in the original prescription bottle properly labeled by a pharmacist as required by RI state law.
- Over-the-counter medications may be given with parent permission stating the medication, dose, and reason for medication.
- All forms from the physician can be sent to the school in a sealed envelope, faxed or scanned, and emailed to the School Nurse.
- Asthma Action Plans are required for any student with Asthma.

SPECIAL NOTE PREK 3, PREK 4 AND KINDERGARTEN PARENTS: Children should be toilet trained to start school, but we do understand accidents happen. They do have several bathroom breaks throughout the day but as you know they get excited and caught up in the moment and an accident may occur. **Please be sure to send in a full set of clothes, including several pairs of underwear and socks. Please remember to replace the set of clothing if it has been sent home soiled.**