



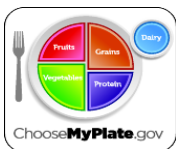


January 2019 Lunch Menu: St.Rocco Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
			Whole Grain Waffle Syrup Turkey Sausage Patty ³	Cheese Pizza Tossed Salad ⁴
Alternate Meals: #2 Italian Meatball Sub #3 Bagel Fun Lunch				
Mashed Potato & Chicken Bowl Dinner Roll ⁷	Beef Nachos Shredded Lettuce Fresh Diced Tomatoes Shredded Cheddar Cheese Salsa ⁸	Macaroni and Cheese Steam Broccoli Whole Grain Dinner Roll ⁹	Whole Grain Waffle Syrup Turkey Sausage Patty ¹⁰	Cheese Pizza Tossed Salad ¹¹
Alternate Meals: #2 Classic Beef Burger in Bun (Mon, Wed, Fri) - Chicken Patty Sandwich with Cheese (Tues, Thurs) #3 Tuna Salad Sandwich				
Cheese Stuffed Breadsticks Seasoned Mixed Vegetables ¹⁴	Beef Lasagna Garlic Breadstick ¹⁵	Dutch Chicken Pot Pie Fresh Baked Biscuit ¹⁶	French Toast Sticks Syrup Turkey Sausage Patty ¹⁷	Cheese Pizza Hearty Spinach & Vegetable Salad ¹⁸
Alternate Meals: #2 Toasty Cheese Sand/Soup(Mon.) - Turkey Hot Dog (Tues, Thur, Fri,) - Classic Beef Burger in Bun (Wed) #3 Garden Salad Fun Lunch				
	Chicken & Cheese Quesadilla ²²	Shepherd's Pie Breadstick ²³	Whole Grain Waffle Syrup Turkey Sausage Patty ²⁴	Cheese Pizza Tossed Salad ²⁵
Alternate Meals: #2 Classic Cheese Burger in Bun (Tues, Thur) - Chicken Patty Sandwich with Cheese (Wed, Fri) #3 Turkey Ham & Grapes Fun Lunch				
Chicken Nuggets Mashed Potatoes Chicken Gravy Dinner Roll ²⁸	Beef Tacos Creamy Cheddar Cheese Sauce Tortilla Chips ²⁹	Toasty Cheese Sandwich ³⁰	Whole Grain Waffle Syrup Turkey Sausage Patty ³¹	
Alternate Meals: #2 Italian Meatball Sub (Mon , Wed) - Chicken Patty Sandwich with Cheese (Tues, Thur) #3 Ham & American Cheese Sandwich				



A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white, skim and skim chocolate.

If you have any **food allergies**, please let us know!

Contact: Elizabeth Buckles – Director of Dining Services / Elizabeth.Buckles@compass-usa.com

