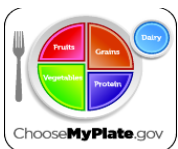




December 2018 Lunch Menu: St. Rocco School

Monday	Tuesday	Wednesday	Thursday	Friday
Full Paid Student Lunch Price \$3.00			 Happy Holidays	
3 Spaghetti with Italian Meat Sauce Fresh Vegetable Medley Whole Grain Dinner Roll	4 Beef Nachos Shredded Lettuce Fresh Diced Tomatoes Shredded Cheddar Cheese Salsa	5 Macaroni and Cheese Fresh Broccoli Florets	6 Whole Grain Waffle Syrup Turkey Sausage Patty Tater Tots	7 Cheese Pizza Mixed Greens Salad
Alternate Meals: #2 Classic Beef Burger in Bun #3 Yogurt & Graham Cracker Fun Lunch				
10 Dutch Chicken Pot Pie Fresh Baked Whole Grain Biscuit	11 Beef Lasagna Garlic Breadstick	12 Shepherd's Pie Seasoned Mixed Vegetables Whole Grain Dinner Roll	13 French Toast Sticks Syrup Turkey Sausage Patty	14 Cheese Pizza Hearty Spinach & Vegetable Salad
Alternate Meals: #2 Cheese Stuffed Breadsticks, Marinara Sauce				
17 Classic American Burger Mixed Greens Salad	18 Beef Nachos Shredded Lettuce Fresh Diced Tomatoes Shredded Cheddar Cheese	19 Shepherd's Pie Breadstick	20 Whole Grain Waffle Syrup Turkey Sausage Patty	21 Cheese Pizza Mixed Greens Salad
Alternate Meals: #2 Turkey Ham & Grapes Fun Lunch				



A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white, skim and skim chocolate.

If you have any **food allergies**, please let us know!

Contact: Elizabeth Buckles – Director of Dining Services, O: 401-233-1920 x 2653

Find menus, nutrition, allergen information and more online or on your phone!



Download School Menus by Nutrislice to your smartphone from the App Store or visit: johnstonpsri.nutrislice.com